Families ABC Guide to Success Begins with the Basics

Best coaches go back to basics (Coach Wooden putting on shoes and socks)
http://newsroom.ucla.edu/stories/wooden-shoes-and-socks-84177

Basics (Coach V Lombardi “This is a football”) 
https://jamesclear.com/vince-lombardi-fundamentals

1. As a parent, you lay the foundation for your child’s future; playing a key role in your child’s academic and social development (https://www.avid.org/parent-resources). According to research, it is the responsibility of families/parents to coach/guide their children’s developmental upbringing for success in schools with an increasingly pressing need to support the school’s social and academic programs (Comer, 2009; Darling-Hammond et al., 2019).

2. Become co-workers with your child’s teacher; help establish consistency between the home and school to everyone’s advantage (Wyrick, 2013).

3. Caring atmospheres at home promote success at school; and a Courageous child

4. Dinner, recent studies link meal time with kinds of behavior parents want for their children such as higher grade point averages (GPA), resilience and self-esteem. http://www.pz.harvard.edu/projects/the-family-dinner-project

5. Engagement of parents improve student achievement, reduce absenteeism, restore parents’ confidence in their children’s education (Epstein et al., 2007).

6. Focus on helping your child to understand the truth and the purpose of school.

7. Give LOVE daily.


9. Insist on proper behavior at school.

10. Join forces with other parents for supporting education.

11. Keep a positive mind about learning.

12. LOVE, respect and LISTEN to your child.

13. Make efforts to understand the teacher; and for teacher to understand you.
14. **Navigate**—help your child to navigate issues of bullying, self-doubt, depression, sadness etc (contact faith-based, school counselors, other professional support including teachers).


16. **Provide** a loving environment at home.

17. **Quiet** time to reflect at home. Send note to school to allow prayer time for your child.

18. **Respect** your children, teach children to respect you and teachers.

19. **Savor** times of laughter and fun

20. **Teach** your children to obey you and authorities and to stand for **Truth**.

21. **Undo** a fixed-mindset. Promote a “You can do it growth mindset!”

   [https://www.mindsetworks.com/parents/](https://www.mindsetworks.com/parents/)

22. **Vision**, create a vision for your family

23. **Writing**—encourage children to write, journal, letters, poems, feelings etc.

24. **X**—**Xamine** all suspicious behavior and talk about it.

25. **Yes**, say yes to rebuilding to restore the school community.

26. **Zone** out and make home a home every day; a safe haven is home.

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*I dreamed I stood in a studio,*
*And watched two sculptors there.*

*The clay they used was a young child’s mind*
*And they fashioned it with care.*

*One was a teacher; the tools he used*
*Were books, music, and art.*

*One was a parent who worked*
*With a guiding hand and gentle, loving heart.*

*Day after day the teacher toiled*
*With a touch that was deft and sure;*

*While the parent labored by his side*
*And polished and smoothed it o’er*

*And when at last their task was done,*
*they were proud of what they had wrought.*

*For the things they had molded into the child*  
*Could neither be sold nor bought*  
*And each agreed that he would have failed*  
*If he had worked alone.*

*For behind the teacher stood the school*  
*And behind the parent, the home.*

~~~~~~~~~Author Unknown

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*Resource for William Wirt MS 2019 Family Night, “How to Help Your Child at Home” Dr. Brenda Davis and Ms. Tiffany Murray, MBA*